

# Meine Berg- und Wanderausrüstung

## Bekleidung

- **Handschuhe:**
  - Engelbert Strauss Fleece, L
  - Extremities Clothing Winter Mitts, L
  - Montane Prism, XL
  - Palm Talon Open Mitts, XL
- **Hosen:**
  - Frilufts Bauska Pants, L
  - Haglöfs Eryx Pant, L
  - vauDe Farley Bermuda, L
- **Jacken:**
  - Berghaus Choktoi Pro Men, L
  - Four Seasons Fleece, L
  - Haglöfs Shark Jacket, L
  - Rab Latok Alpine Jacket, L
  - The North Face Thermoball Full Zip Jacket, rot, L
  - The North Face Thermoball Full Zip Jacket, schwarz, L
- **Mützen:**
  - Mammut WS Helm Cap
  - Marmot Precip Baseball Cap
  - Rotkäppchen
- **Pullover:**
  - Haglöfs Single Top, XL
  - Icebreaker Rover L/S Crewe 260 (admiral), L
- **Schuhe:**
  - Chung-shi DUX
  - Geiger Bernina
  - Geiger Tofana
  - Keen Clearwater
  - La Sportiva Nepal Top
  - Lundhags Quest
- **Socken/Strümpfe:**
  - Sealskinz Hiking Mid Mid Socks, L
  - Woolpower Wildlife 600, L
- **T-Shirts:**
  - Houdini Airborn Tee, Thunderbird, L
  - Icebreaker Oasis L/S Crewe 200, L
  - Icebreaker Relay LS Crewe Men GT150, L
  - Icebreaker Oasis S/S Crewe 200, XL
  - Decathlon Athletee Bio Black\*Wel, L
  - Decathlon Comfort+TS Reg Baked Orange, L
  - Decathlon Comfort+TS Reg Cherryred16, L
  - Decathlon Comfort+TS Slim Light Grey CH16, L
  - Decathlon Comfort+TS Slim OrangeAW16, L
  - Decathlon Sportee Noir Unit\*, L
  - Decathlon WB2 Sportee Grey, L
- **Unterwäsche:**
  - Odlo Light Cubic Pant, XL
  - Woolpower Longjohn 400, L
  - Woolpower Polo 200 Unterhemd, L
- **Westen:** Patagonia Down Sweater Vest, L

## Biwak

- **Biwaksack:** Pieps MFL Alien Double
- **Isomatten:**
  - Evazote Comfort
  - Evazote Winter
  - NightLite Sleeping Pad Torso
  - Therm-a-Rest Z-Lite
  - (Therm-a-Rest NeoAir)
- **Schlafsäcke:**
  - Cocoon Primaloft Overbag (KF)
  - Cocoon Inlett Ripstop-Seide
  - Nunatak Quilt Arc Alpinist (D)
  - The North Face Aleutian 3S (KF)
  - WM Hot Sac (VBL)
  - WM Puma GWS (D)

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- **Zelte:**
  - Hilleberg Soulo
  - Hilleberg Staika
  - Rab Summit Superlite Bivi
  - Tarptent Scarp 2

## Klettersteig

- **Handschuhe:** Singing Rock Grippy 3/4
- **Helm:** Black Diamond Quarter Dome
- **Klettergurt:** Black Diamond Vario Speed Harness
- **Klettersteigset:** Black Diamond Iron Cruiser

## Küche

- **Feuer:** LMF Swedish Firesteel 2.0 army
- **Kocher:**
  - MSR Dragonfly (B)
  - MSR Reactor (G)
  - Trail Design Caldera Keg F (S)
  - Trangia Brenner (S)
- **Messer:**
  - Victorinox Classic SD 0.6223.3
  - Victorinox Hercules
- **Tassen/Töpfe:**
  - Akita Berghaferl
  - Snow Peak Titanium Trek 900
  - Vargo Trinkbecher 450 ml
- **Trinkflaschen:**
  - Cascade Designs Platypus 1 l
  - Nalgene Everyday 1 l
  - Thermos 1 l
- **Wasserdesinfektion:** Katadyn Micropur Forte Tabletten

## Notfall

- **Erste-Hilfe-Set:** Tatonka First Aid Advanced (ODS)

- **Mobiltelefon:** Samsung GT-B2710
- **Trillerpfeife:** Acme Tornado 200

## Orientierung

- **GPS-Geräte:**
  - Garmin GPSmap 62st
  - Garmin GPSmap 64s
- **Höhenmesser:** Thommen TX
- **Kompass:** Lufft Fluid Bézard
- **Uhr:** Dugena 7090245 NV Minor

## Wandern

- **Insektenschutz:** Nobite Kleidung
- **Lampen:**
  - Princeton Tec Remix Pro
- **Regenschutz:**
  - Poncho Ferrino Trekker, XL
  - Rucksack-Regenhülle Deuter
  - Rucksack-Regenhülle Integral Design Silcoat Pack Cover, L
- **Rucksäcke:**
  - Crux AK70 – 2
  - Crux AK70 – 3
  - Deuter Speed Lite 20
  - Gossamer Gear Gorilla UL – M
- **Sonnenbrillen:**
  - Suiss Eye Outbreak brown
  - Sunfit4you 40001
- **Wanderstöcke:** Leki Makalu Carbonlite XL

## Winter

- **Gamaschen:** Outdoor Designs Perma Gaiter, L
- **LVS-Geräte:**
  - Pieps DSP Micro

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- Pieps DSP Pro
- **Neigungsmesser:** Pieps 30 Plus XT
- **Schaufeln:**
  - Pieps C 660
  - Voile XLM
- **Schneesäge:** Exped
- **Schneeschuhe:** MSR Lightning Ascent 25
- **Sonden:**
  - Ortovox Carbon 280
  - Pieps iPROBE II
- **Sturmhaube:** The North Face